VR1 MULTI-PRESS

SPACE/COST SAVING DUALS

For facilities that are watching their budget and operate in limited space, the VR1 Duals are the answer. An extension of the VR1 line, Duals further capitalize on the compact VR1 footprint by using multifunction mechanisms to get two exercises in one machine. These units provide exceptional flexibility and carry with them all of the same line features and benefits that VR1 provides.

ENGINEERED FOR VALUE

Cybex is known for strength training equipment that is scientifically engineered to produce faster fitness results. We took that excellence and reduced it in size and complexity to form the VR1 line of selectorized products. This is the selectorized line that can fit the space and budget of a wide range of facilities.

SIMPLE FOR SAFETY

To ensure appropriate positioning and range of motion, the pressing arm includes **five start positions.** The **grips are angled** to ensure neutral wrist position which means less stress on the wrist for a more comfortable and safer exercise.

THREE IN ONE

The VR1 Multi-Press provides a Chest Press, Incline Press, and Overhead Press in a single package.

SIMPLEST ADJUSTMENTS

The seat assembly adjusts by way of a single detent knob and provides three position choices in both the overhead and incline press movements.

Specifications

| Product Number | 13240 |
|--------------------------|---------------------------------------------------------------------------------|
| Dimensions (L × W × H) | 78" × 51" × 62" (198 cm × 130 cm × 157 cm) |
| Weight w/ Standard Stack | 482 lbs (219 kg) |
| Standard Stack | 220 lbs (100 kg) |
| Weight w/ Light Stack | 412 lbs (187 kg) |
| Light Stack | 150 lbs (68 kg) |
| Color | Available in 5 standard or a virtually unlimited variety of custom frame colors |



WORLD HEADQUARTERS

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